

Learning Lab 3 – Milan

FUTURING CARE

Rethinking well-being by envisioning digital solutions seamlessly integrated into daily life.

30th January – 9th February 2023

School of Design @ Campus Bovisa, Politecnico di Milano

Building B2 - Room B2.0.1 (ground floor)

Via Durando, 10 - 20158 - Milano (MI)



Monday, 30th January 2023

Morning

9.00 – 9.30 **Welcome coffee**

9.30 – 10.00 **Launch** – Introduction DC4DM Project

10.00 – 11.00 **Talk on Futures** - Roby Parissi, Forwardto

11.00 – 13.00 **Macro-themes presentation**

Food as medicine – Federico Giarnetti, Foodtech Acceleration Platform

Everywhere's care – Armida Gigante, Medtronic

Mental and emotional care - Adults/workers – Enrico Gambi, MIDA S.p.a

Mental and emotional care - Young generations - Patrizia Benvenuti, UNICEF Italia

13.00 – 13.15 **Q&A**

13.15 – 14.15 **Lunch break**

Afternoon

14.15 – 14.30 **Welcome back**

14.30 – 15.00 **Team building: Create your Totem/Avatar**

15.00 – 15.45 **Presentation DC4DM Model and agenda LLab**

15.45 – 17.45 **Pre-Process activity: Sustainability** – What's the goal?

17.45 – 18.00 **Wrap up and instructions** for the following day

18.00 – 20.00 **Welcome drinks**

Tuesday, 31st January 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 10.15 **Phase 1: Horizon Scanning** - explanation

10.15 – 13.00 **Teamwork** – Trend Research

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 17.45 **Teamwork** – Trend Research

17.45 – 18.00 **Wrap up and instructions** for the following day

Wednesday, 1st February 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 13.00 **Teamwork** – Domain Map

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 17.45 **Teamwork** – Domain map > **Expected output:** Specific topic description

17.45 – 18.00 **Wrap up and instructions** for the following day

END OF PHASE 1 – HORIZON SCANNING

Thursday, 2nd February 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 10.15 **Phase 2 – Visioning** – explanation

10.15 – 10.45 **Pre-Process activity: Ethics** – Ethical Games

10.45 – 13.00 **Teamwork** – Alternative Futures

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 14.30 **Welcome to Mentors**

14.30 – 17.45 **Co-design session with Mentors** – Vision of the Future

17.45 – 18.00 **Wrap up and instructions** for the following day

Friday, 3rd February 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 11.00 **Scenario Building** – explanation

11.00 – 13.00 **Teamwork** – Scenario Building

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 17.00 **Teamwork** – Scenario Building

17.00 – 17.45 **Start-ups/SMEs/Companies introduction** by POLIMI team

17.45 – 18.00 **Wrap up and instructions** for the following day

Saturday, 4th February 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 13.00 **Teamwork** – Scenario Matrix

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 14.30 **Welcome to Start-ups/SMEs/Companies**

14.30 – 15.30 **Sharing moment** – Scenarios

15.30 – 15.45 **Break**

15.45 – 17.45 **Co-design session** – Teams & Start-ups/SMEs/Companies association

17.45 – 18.00 **Wrap up and instructions** for the following day

END OF PHASE 2 – VISIONING

Sunday, 5th February 2023

Monday, 6th February 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 10.15 **Phase 3: Ideation** – explanation

10.15 – 11.00 **Pre-Process activity: Tech Foresight** – Butterfly Effect and the 4Ps

10.15 – 13.00 **Teamwork** – Brainstorming & Inspirational Stimuli

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 17.45 **Teamwork** – Brainstorming & Inspirational Stimuli

17.45 – 18.00 **Wrap up and instructions** for the following day

Tuesday, 7th February 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 13.00 **Teamwork** – Select and implement ideas

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 14.30 **Welcome to Start-ups/SMEs/Companies**

14.30 – 17.45 **Co-design session with Start-ups/SMEs/Companies** – Selection of the most promising idea

17.45 – 18.00 **Wrap up and instructions** for the following day

Wednesday, 8th February 2023

Morning

9.30 – 9.45 **Warm up activity**

9.45 – 13.00 **Teamwork** – Build to Think

13.00 – 14.15 **Lunch break**

Afternoon

14.15 – 14.30 **Teamwork** – Build to Think

17.45 – 18.00 **Wrap up and instructions** for the following day

END OF PHASE 3 – IDEATION & PROTOTYPING

Thursday, 9th February 2023

Morning - **Room B2.2.7**

9.30 – 9.45 **Warm up activity**

9.45 – 13.00 **Teamwork** – Preparation of final presentation

13.00 – 14.00 **Lunch break**

Afternoon

SHARING DAY - Room B2.0.1

- 14.00 – 14.30 **Welcome!**
- 14.30 – 15.00 **Launch Sharing Day**
Acknowledgements
Intro to DC4DM project
Presenting the LLab week and activities
- 15.00 – 15.45 **Teams presentations** (Teams 1, 2, 3)
- 15.45 – 16.00 **Break**
- 16.00 – 16.45 **Teams presentations** (Teams 4, 5, 6)
- 16.45 – 17.15 **Q&A and open discussion**
- 17.15 – 17.45 **Sharing Day Closing Ceremony**
- 17.45 – 19.00 **Happy Drinks & Networking**